

HOXTON GRILL

EGGS

EGGS YOUR WAY (v)

SCRAMBLED / SUNNY SIDE UP /
POACHED, TOAST 6

AVOCADO TOAST (v)

POACHED EGGS, SOURDOUGH 9

**FLORENTINE / BENEDICT /
ROYALE** 9/10/11

SALT BEEF HASH

POTATOES, CABBAGE, PEPPERS,
ONIONS, SUNNY EGG 10

LOX & EGGS

SOFT SCRAMBLED EGGS, SMOKED
SALMON, RYE 11

**HALF /FULL ENGLISH /
VEGGIE** 9/13/11

SWEETS & GRAINS

PORRIDGE (v)

ROAST PLUM, PISTACHIOS, CINNAMON 6

FRUIT PLATE (v)

MELON, PINEAPPLE, KIWI 6.5

HEMP SEED CHIA PUDDING (vg)

COCONUT MILK, BLACKBERRIES,
BEE POLLEN 7

ALMOND, MAPLE, GRANOLA BOWL (v)

GREEK YOGURT, RASPBERRIES,
BLUEBERRIES 7

BUCKWHEAT PANCAKE STACK (v)

BLUEBERRIES, MAPLE, BUTTER 8

PROTEIN BOWL

POACHED SALMON, AVOCADO,
PICKLED RED ONION, LENTILS 9

SIDES

ALL AT 4

**CROISSANT + JAM / AVOCADO / BACON / SAUSAGES /
HASH BROWNS / TOAST, BUTTER + JAM / SMOKED SALMON**

SMOOTHIES

ALL AT 7

MANGO & TURMERIC

MANGO, TURMERIC, GINGER, BLACK
PEPPER, HEMP PROTEINS, HONEY, ALMOND
& COCONUT MILK

COFFEE & BANANA

ESPRESSO, RAW COCOA POWDER, BANANA,
ALMOND BUTTER, DATES, HEMP PROTEINS,
ALMOND & COCONUT MILK

APPLE & OATS

OATS, APPLE, BANANA, HEMP
PROTEINS, HONEY, CINNAMON, ALMOND
MILK, CHIA SEEDS

GREEN & AVOCADO

BABY SPINACH, LIME, KIWI, MINT,
SPIRULINA, AVOCADO, BANANA, HEMP
PROTEINS, COCONUT WATER

HOUSE PRESS

SML 4.5 / LRG 7.5

GREEN

APPLE, PINEAPPLE, KALE, CELERY,
PARSLEY, LEMON, CUCUMBER, GINGER

RED

APPLE, BEETROOT, GINGER, PINEAPPLE,
ORANGE, CARROT, LEMON

GINGER

APPLE, GINGER, LEMON

CITRUS

ORANGE, GRAPEFRUIT, TURMERIC,
CAYENNE PEPPER, LEMON

HARD GREEN

CUCUMBER, BROCCOLI, CELERY,
SPINACH, GINGER, PARSLEY, LEMON

COFFEE

ESPRESSO, AMERICANO, MACCHIATO 2.5

CAPPUCCINO / FLAT WHITE / LATTE /
MOCHA / HOT CHOCOLATE 2.8

MATCHA LATTE / COFFEE OVER ICE 3

SANDOWS COLD BREW 4

SOY / DECAF / GUEST COFFEE /
OATS / ALMOND 0.4

FILTER

HOUSE BREW 2.5 / 4.5

AEROPRESS AND POUR OVER 4

CHEMEX 7

BOTANICALS HOUSE PRESS

GLOW

POMEGRANATE, RED GRAPE, GUAVA,
GINGER, LIME, ROSE & COLLAGEN

ENERGY

ORANGE, MANGO, PASSION FRUIT,
GINGER, LIME, CACAO, MACA

HOUSE PRESS SHAKES ALL AT 5

MATCHA

MATCHA TEA, PISTACHIO, CASHEW, VANILLA,
COCONUT OIL, DATES, HIMALAYAN SALT

MOCHA

COLD BREW COFFEE, RAW CACAO,
CASHEW, MCT, REISHI, VANILLA, DATES,
HIMALAYAN SALT

JARR KOMBUCHA

ALL AT 4

ORIGINAL / PASSION FRUIT / GINGER

JUICES

ALL AT 3.5

ORANGE

APPLE

GRAPEFRUIT

PINEAPPLE

TEA

BREAKFAST TEA / EARL GREY TEA /
CHAMOMILE TEA / GREEN /
PEPPERMINT TEA / JASMINE TEA 2.5

FRESH MINT TEA / ICED TEA 3